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## Anti -Bullying Week

*“Of course, we won’t like everyone and we don’t always agree, but we can choose respect and unity”*

*Anti -Bullying Alliance, 2023*

### Dear Parents and Carers,

At Westroyd we are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is always unacceptable and is not tolerated. As a school, we are committed to not only dealing with bullying but to do all that we can to prevent it happening in the first place. We seek to build self-esteem, confidence and resilience in pupils and to develop tolerance of others.

In school between 13<sup>th</sup> – 17<sup>th</sup> November we will be supporting Anti Bullying week. This is UK event that aims to raise awareness of bullying of children and young people and to highlight ways of preventing and responding to it. This years’ theme is *Let’s make a noise about bullying*’.

On **Monday 13<sup>th</sup> November** we will be taking part in the ‘Odd Socks’ event. Children can come to school wearing odd socks. They can be as loud and as wacky as they want! This is a great way to celebrate what makes us unique in anti bullying week!

There will be a special anti-bullying assembly and each year group will take part in age appropriate activities to consider what bullying means to them, how banter can turn into something more hurtful, and what they can do to stop bullying.

### WHAT IS BULLYING?

The Anti-Bullying Alliance defines bullying as:  
“the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.”

The aim is for all children to understand that we all have a role to play in creating communities where children feel safe and valued, where we stand up to prejudice and are united against bullying.

If you would like more information as a parent/carer there is a fantastic downloadable resource found on: [anti-bullyingalliance.org.uk](http://anti-bullyingalliance.org.uk)

A copy of our bullying policy at Westroyd can be found on our school website under ‘policies’

If you require any further information please contact [Office@westroyd.leeds.sch.uk](mailto:Office@westroyd.leeds.sch.uk)

Mrs Edwards

