

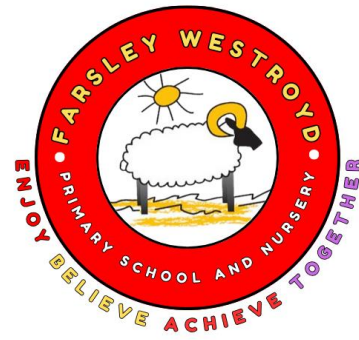
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Proud to be Me, Proud to be Westroyd, Proud to be Farsley



Dear parents and carers,

At Westroyd we believe that promoting positive mental health and emotional wellbeing is just as important as supporting children's physical health and academic development.

Our school will be taking part in **Hello Yellow** on **Friday 10th October 2025** (World Mental Health Day) to raise awareness and funds for **YoungMinds**, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

To take part, students can **wear yellow** to school, and we'd like to ask parents and carers to consider donating to help YoungMinds keep fighting for young people's mental health. Our suggested donation is **£1**. Because we stand brighter, together.

You can donate to support our school's fundraising by donating to our fundraising page:
<https://fundraise.youngminds.org.uk/fundraisers/FarsleyWestroydHelloYellow/hello-yellow>

Most importantly, we want to share the resources which YoungMinds offer to support parents and carers if you ever need help and advice to support your children.

This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

Thank you for your continued support,

Kind regards,
Miss Martin
Senior Mental Health Lead

Farsley Westroyd Primary School and Nursery is committed to safeguarding and promoting the wellbeing of all children.

