



PSHE and RSE Intent, Implementation and Impact Statement

Intent

At Farsley Westroyd Primary School and Nursery, our PSHE and RSE curriculum is designed to equip pupils with the knowledge, skills and attitudes they need to navigate the complexities of life in the 21st century. We aim to develop confident, healthy, independent, and responsible individuals who understand how to keep themselves safe, build positive relationships, and contribute meaningfully to society.

Our curriculum, based on the Kapow Primary PSHE and RSE scheme, encompasses statutory Relationships Education and Health Education, while also promoting broader personal development through Citizenship and Economic Wellbeing units. We integrate this learning with key national strategies and guidance, including the Equality Act and 'Keeping Children Safe in Education', embedding a clear safeguarding thread throughout.

This provision is enriched through the use of:

- MindMate lessons to support mental health and emotional wellbeing
- Google's Be Internet Legends (KS2) and ThinkUKnow's Jessie and Friends (KS1 & EYFS) to develop online safety skills
- Picture News to promote awareness of British Values, Protected Characteristics and current affairs
- Pol-Ed to support PSHE lessons in our Nursery setting

The overarching aim for PSHE education is to provide pupils with:

- Accurate and relevant knowledge
- Opportunities to turn that knowledge into personal understanding
- Opportunities to explore, clarify and if necessary challenge, their own and other's values, attitudes, beliefs, rights and responsibilities
- The skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

PSHE Association 2014

Our curriculum reflects and reinforces our core school values: Enjoy, Believe, Achieve, and Together. We strive for pupils to enjoy their learning, believe in themselves and others, achieve their potential, and work together to build a respectful and inclusive community.

Implementation

Our PSHE and RSE curriculum is delivered through the Kapow Primary scheme, providing a comprehensive, progressive programme from EYFS to Year 6. In EYFS, the learning aligns with the Personal, Social and Emotional Development early learning goals, covering Self-regulation, Managing Self, and Building Relationships. In Key Stages 1 and 2, lessons are structured around five key areas:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Lessons include real-life scenarios, video clips, role-play, and discussion to allow pupils to explore sensitive topics in a safe and structured way. Each unit contains opportunities for differentiation and cross-curricular connections, particularly with Computing (online safety) and Science (health, hygiene, puberty).

We also deliver standalone lessons and units from:

- MindMate (for mental health and wellbeing)
- Google's Be Internet Legends (KS2)
- ThinkUKnow (KS1)
- Pol-Ed (Nursery)
- Picture News (assemblies)

In Nursery, PSHE is taught through the Pol-Ed Early Years programme. These lessons introduce children to key concepts in safety, identity, and relationships through engaging and age-appropriate activities, supporting pupils' early development of empathy, confidence, and self-awareness.

MindMate

As part of this cycle, children will complete one 'MindMate' session per half term which focus around positive mental health. Throughout this scheme, children will learn about the following themes:

- Feeling good and being me
- Friends and family
- Life changes
- Strong emotions
- Being the same and being different
- Solving problems – making it better

Online Safety and Relationships

We also follow the Google Be Internet Legends curriculum in KS2 and Thinkuknow Jessie and Friends curriculum in KS1 to enhance our online safety relationships lessons. Throughout these schemes, children will learn about the following themes:

- Watching videos
- Sharing pictures
- Playing games
- Think before you share: Be internet sharp
- Check it's for real: be internet alert
- Protect your stuff: Be internet secure
- Respect each other: Be internet kind
- When in doubt, discuss: Be internet brave

Wider Curriculum

PSHE is also taught throughout less formal opportunities such as Be Healthy Week and individual focus days such as Dot Day. We also hold weekly Picture News assemblies that provide children with opportunities to develop their learning further through news stories that inspire them. These assemblies aim to develop resilience and expose children to a range of current issues including political, religious, cultural, environmental, social, moral and spiritual events around the world. We feel these assemblies make British Values relevant and meaningful and develop links between personal, school and community values.

EYFS

As part of the Early Years statutory framework, one of the prime areas of learning in EYFS is Personal, Social and Emotional Development (PSED). This is broken down into three further areas:

- Self-regulation
- Managing Self
- Building relationships.

Children are expected to meet the early learning goal in each of these areas by the end of Reception. Staff will teach PSED through various planned lessons including settling in, meeting the staff, all about me and managing feelings and behaviour. Staff teach PSED through daily incidental 1:1 group opportunities including restorative conversations about behaviours and choices where necessary. Children in EYFS also take part in whole school PSHE events.

In Nursery, we use the Pol-Ed scheme of work to introduce PSHE learning. While the wellbeing strand is not yet available, the current Pol-Ed lessons support early learning in key areas such as recognising emotions, building friendships, and staying safe.

We create safe spaces for discussion by establishing ground rules at the start of each year and revisiting them regularly. We actively engage families through parent communications and encourage continued dialogue at home.

Impact

The impact of our PSHE and RSE curriculum is assessed through a combination of formative and summative strategies. Kapow provides Assessment Quizzes and Knowledge Catchers for each unit, enabling teachers to track pupil progress, identify misconceptions, and adapt teaching accordingly.

Pupil voice, teacher observations, and discussions are also key to understanding how well children are internalising the learning and applying it in their daily lives, from managing emotions and resolving conflicts to making safe and respectful choices on and offline.

By the end of Year 6, our pupils will have met the objectives of the statutory Relationships and Health Education guidance. They will be equipped with the emotional literacy, empathy, and resilience needed to face life's challenges and transitions. They will leave Farsley Westroyd as confident, kind, informed, and responsible citizens who uphold our school values.