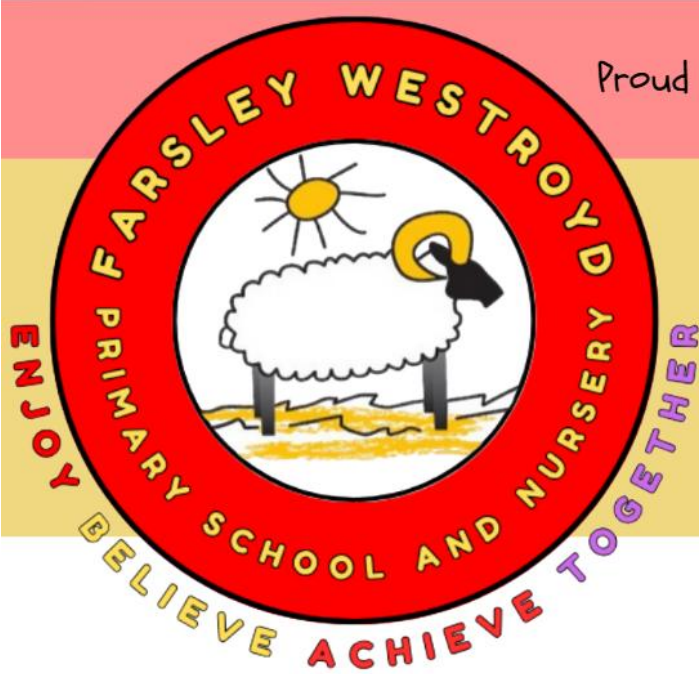




Proud to be Me, Proud to be Westroyd, Proud to be Farsley

Headteacher: Miss Jenny Pashley
Farsley Westroyd Primary School and Nursery
Francis Street
LS28 5BH



WEBSITE

www.westroydprimaryschoolandnursery.co.uk



PHONE

(0113) 2551601 Primary
(0113) 2574178 Early Years



EMAIL

Email: office@westroyd.org

Dear Parents/ Carers,

At Farsley Westroyd Primary School and Nursery we are committed to helping every child learn to swim safely and confidently, and with this in mind, we are writing to inform you that swimming lessons will happen for Year 4 children every day during the following weeks.

Monday 14th December – Friday 18th December 2026 and Monday 22nd March – Friday 26th March 2027.

These lessons will be delivered by Leisure Centre swimming instructors alongside school staff.

School swimming lessons provide children and young people with the opportunity to learn to swim safely and proficiently. By the end of Key Stage 2, the National Curriculum aims for pupils to be able to swim competently, confidently and proficiently over a distance of at least 25 metres, whilst also developing knowledge of water safety and personal survival skills.

Children will travel to and from the swimming pool via **coach**.

To maximise the amount of time spent in the water, changing times will be limited to approximately 5 minutes before the lesson and 10 to 15 minutes after the lesson. We would therefore encourage children to practise changing quickly at home. Please support your child in becoming familiar with changing from their school uniform into their swimwear independently and efficiently.

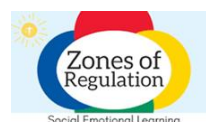
Examples of acceptable swimwear can be found in the image overleaf. Please note:

- Long hair must be tied back.
- Swimming caps may be worn if preferred, particularly during the winter months.

Children will also need to bring:

- A towel

Farsley Westroyd Primary School and Nursery is committed to safeguarding and promoting the wellbeing of all children.



- A suitably sized bag for their clothing and belongings (a reusable supermarket bag works particularly well)

Please complete the attached **Pupil Swimming Ability Form**, which will help us gather information about your child's current swimming ability before the first lesson. You can either complete this digitally and email it back to the school office or you can fill in the printed copy that can be found in your child's bookbag. Please let us know if you need us to send home another copy. It is vital that we have this information.

We understand that some children may feel apprehensive about starting swimming lessons. This is perfectly normal. We encourage you to speak positively with your child about what to expect. Travelling to the leisure centre, learning water safety, and developing independence through changing and managing their belongings are all valuable life skills that form part of this experience

If you have any questions regarding the swimming lessons, please contact **the school office**.

We look forward to supporting our children as they develop these important swimming and water safety skills.

Kind Regards,

Miss Martin & Mr Popple

APPROPRIATE POOL SWIMWEAR

Appropriate swimwear within Active Leeds facilities:

Swim Costume Swim Tankini Swim Burkini Rash Vest Swim Leggings

Trunks Swim Specific Longer Shorts Swim Shorts Swim Skirt

Under 5s

To help maintain body heat but without restricting movement, little ones can wear:

Swim Nappy Knee length suits (elbow & knee exposed) Neoprene Baby Wrap

Inappropriate Swimwear

Please do not wear the following:

Swim Snorkel/Fins not permitted

- Underwear • transparent costumes or thongs • sporting wear • denim or cotton leggings/leotards • long flowing clothes • baggy t-shirts • swimwear with protruding designs or accessories • no tracksuit bottoms • clothing that is overly baggy or made of heavy materials such as denim or wool. Items with obscene or offensive pictures or slogans will not be tolerated

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